

Top 25 Native Pollinator Plants for North Carolina

Spring Blooming:

- Wild indigo (*Baptisia* spp.)
- Spiderwort (*Tradescantia ohioensis*) – spring-summer
- Purple coneflower (*Echinacea purpurea*) - late spring-summer
- Stoke's aster (*Stokesia laevis* 'Peachie's Pick') - late spring-summer
- Lanceleaf blanketflower (*Gaillardia aestivalis*) – spring-fall
- Bee balm (*Monarda* spp.) - late spring-summer
- Foxglove beardtongue (*Penstemon digitalis*) – spring-summer
- Golden Alexander (*Zizia aurea*)

Summer Blooming:

- Milkweeds (*Asclepias tuberosa*, *A. incarnata*, and other species)
- New Jersey tea (*Ceanothus americanus*)
- St. John's wort (*Hypericum frondosum*)
- Passionflower (*Passiflora incarnata*)
- Great blue lobelia (*Lobelia siphilitica*)
- Blazing star (*Liatris spicata*)

- Rattlesnake master (*Eryngium yuccifolium*)
- Mountain mint (*Pycnanthemum* spp.)
- Buttonbush (*Cephalanthus occidentalis*)
- Blue vervain (*Verbena hastata*)
- Culver's root (*Veronicastrum virginicum*)

Fall Blooming:

- Spotted horsemint (*Monarda punctata*)
- Asters (*Symphyotricum* spp.)
- Climbing aster (*Ampelaster carolinianus*)
- Joe-pye weed (*Eupatorium dubium*)
- Goldenrod (*Solidago* spp.)
- New York ironweed (*Vernonia noveboracensis*)

Websites & Social Media:

- Pollinator Paradise Garden: carolinapollinatorgarden.org
- Growing Small Farms Website: www.growingsmallfarms.org
- Facebook: www.facebook.com/debbie.roos.nc
- Twitter: @GrowSmallFarms
- Instagram: Debbie.Roos